

WEEKLY MENU FOR EBC

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T		<i>Orange Juice</i> Hot Chocolate Pancakes Bacon <i>Cold Cereal</i> Syrup Margarine <i>Milk/Cereal</i> <i>Tea/Coffee</i>	<i>Orange Juice</i> Hot Chocolate 3 Bears Porridge <i>Cinn Toast</i> <i>Cold Cereal</i> <i>Milk /Cereal</i> <i>Tea/Coffee</i>	<i>Orange Juice</i> Hot Chocolate Pancakes Bacon <i>Cold Cereal</i> Syrup Margarine <i>Milk/Cereal</i> <i>Tea/Coffee</i>	<i>Orange Juice</i> Ham, Egg & Cheese English Muffin Hash Browns <i>Cold Cereal</i> <i>Ketchup</i> <i>Milk/Cereal</i> <i>Tea/Coffee</i>	<i>Orange Juice</i> Three Bears Porridge Cinn Toast <i>Cold Cereal</i> <i>Milk/Cereal</i> <i>Tea/Coffee</i>
D I N N E R	NOTE: Menu items are subject to change or be modified	Newfie Steak Mashed Potato Corn & Peas <i>Mustard/Ketchup</i> <i>Margarine</i> <i>Rice Krispie</i> <i>Squares</i> <i>Water</i> <i>Tea/coffee</i>	Turkey Mashed Potato Gravy Stuffing Carrots/Peas Turnip <i>Cranberry Sauce</i> <i>Ch Chip Cookies</i> <i>Water</i> <i>Tea/Coffee</i>	Taco's Seasoned Hamburger Tortilla, Nachos Grated Cheese Lettuce, Salsa Sour Cr, Tomatoes Carrot Sticks <i>Brownies</i> <i>Water</i> <i>Tea/coffee</i>	Roast Beef Mashed Potato Gravy Carrots Corn Turnip (6) Lg <i>Margarine</i> Strawberries & I/C <i>Water</i> <i>Tea/Coffee</i>	Potato Bake Sour Cream & salsa Grated Cheese Bacon Bits Green Onion Chili, Nacho chips Tossed Salad <i>Ice Cream</i> <i>Sandwiches</i> <i>Water</i> <i>Tea/Coffee</i>
S U P P E R	Macaroni & Cheese Tossed Salad <i>Salad dressing</i> <i>Ketchup</i> Rolls & <i>Marg</i> <i>Ginger cookie</i> <i>(2each)</i> <i>Milk/Water</i> <i>Tea/Coffee</i>	Chicken Burger/Buns Potato Chips Carrot Sticks Lettuce & Tomato <i>Mayo/Ket/Rel</i> <i>BBQ Sauce</i> <i>Milk/Water</i> <i>Tea/Coffee</i>	Sloppy Joes Burger/Buns Potato Chips Carrot Sticks <i>Milk/Water</i> <i>Tea/coffee</i>	Pizza, Pepperoni or Cheese Donair Sauce Caesar Salad <i>Salad dressing</i> <i>Milk/Water</i> <i>Tea/Coffee</i>	Chicken Strip wrap, (2) Lettuce, Tomato Cheese, Mayo <i>Ranch dressing</i> Clear Coat Fries Carrot Sticks Assorted veggies <i>BBQ Sauce</i> <i>Milk/Water</i> <i>Tea/coffee</i>	
S N A C K S	<i>Crackers, Cheese</i> & <i>apples</i> <i>Water</i> Prepare Bacon Make Rice K. Square Pizza Dough, Donair Sauce	Popcorn with <i>Seasoning,</i> <i>Apples</i> <i>Water</i> Make Choc Chip Cookies & Stuffing	(Nachos & Cheese) Fruit <i>Water</i> Make Brownies & Prepare Bacon,	Muffins, <i>Apples</i> <i>And leftover sweets</i> <i>Water</i> If no Strawberries Serve Island Fantasy Ice Cream	Garlic Fingers Donair Sauce <i>Apples</i> <i>Water</i>	

Note reminders and suggestions:

Snacks for 8&9 camp are before Chapel .

Please take note of the various baking duties listed under snacks for each day and adjust your day's baking accordingly.

Items in *italic* are what the Dining Room Girls are responsible for serving.

UPDATED Feb 16th 2020